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Springfield Psychological Center, LLC

ADULT HISTORY

Name: _____ Date: _____

Address: _____ City: _____ Zip: _____

Phone #: _____ Work #: _____

DOB: _____ Age: _____ Occupation: _____

Referred by? _____

Reason for making appointment? _____

With whom are you now living? (list people):

Name	Age	Relationship	Occupation
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Medical History (include past and present conditions): _____

Medications: _____

Physician: _____

Previous Mental Health Treatment	When?	With Whom?	Outcome
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_____	_____	_____	_____
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Family History of mental or emotional problems, including alcohol or substance abuse:

Educational History (Briefly describe school experiences, including highest grade level attained.)

Employment History

1. Present employment status and where: _____

2. Work related concerns? _____

Talents and skills: _____

Symptom Check List (**check all that apply to you**):

- Depression Feeling that you are not real Lose track of time
- Low energy Anger control problems Defies rules
- Poor concentration Blames others Argues
- Hopelessness Alcohol/drugs Blackouts
- Worthlessness Appetite disturbance (more/less) Headaches
- Guilt Spousal abuse Sadness/loss
- Anxiety/panic Heart pounding/racing Chest pain
- Trembling/shaking Chills/hot flashes Sweating
- Tingling/numbness Phobias Racing thoughts
- Nausea Delusions/hallucinations Relationship issues
- Confusion Sleep disturbance (more/less) Intrusive thoughts
- Self-injury Loneliness Marital/family
- Dizziness Impulse control problems Social withdrawal
- Nightmares Thoughts of hurting yourself (past/present)
- Physical abuse (past/present) Thoughts of hurting others (past/present)
- Sexual abuse (past/present) Stomach/bowel problems
- Excessive behaviors (spending/gambling/sex)
- Other (specify) _____

Date

Signed
(Patient/Guardian)