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## Springfield Psychological Center, LLC

**Greg Irwin, LCPC**  
Licensed Clinical Professional Counselor

**Jeanette Hoelzer, LCPC**  
Licensed Clinical Professional Counselor

**Bethany Bilyeu, Psy.D.**  
Licensed Clinical Professional Counselor

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Licensed Clinical Social Worker

### ADULT HISTORY

Name: \_\_\_\_\_ Nickname: \_\_\_\_\_ Pronouns: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Work #: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_

Referred by? \_\_\_\_\_

Reason for making appointment? \_\_\_\_\_

\_\_\_\_\_

With whom are you now living? (list people):

Name	Age	Relationship	Occupation
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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Medical History (include past and present conditions): \_\_\_\_\_

\_\_\_\_\_

Medications: \_\_\_\_\_

\_\_\_\_\_

Primary Physician: \_\_\_\_\_

Previous Mental Health Treatment

When?

With Whom?

Outcome

\_\_\_\_\_

Any prior mental health hospitalizations: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Family History of mental or emotional problems, including alcohol or substance abuse:

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Educational History (Briefly describe school experiences, including highest grade level attained.)

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Employment History

1. Present employment status and where: \_\_\_\_\_

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2. Work related concerns? \_\_\_\_\_

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Talents and skills: \_\_\_\_\_

Symptom Check List **(check all that apply to you):**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Depression                                  | <input type="checkbox"/> Feeling that you are not real               | <input type="checkbox"/> Lose track of time  |
| <input type="checkbox"/> Low energy                                  | <input type="checkbox"/> Anger control problems                      | <input type="checkbox"/> Defies rules        |
| <input type="checkbox"/> Poor concentration                          | <input type="checkbox"/> Blames others                               | <input type="checkbox"/> Argues              |
| <input type="checkbox"/> Hopelessness                                | <input type="checkbox"/> Alcohol/drugs                               | <input type="checkbox"/> Blackouts           |
| <input type="checkbox"/> Worthlessness                               | <input type="checkbox"/> Stomach/bowel problems                      | <input type="checkbox"/> Headaches           |
| <input type="checkbox"/> Guilt                                       | <input type="checkbox"/> Spousal abuse                               | <input type="checkbox"/> Sadness/loss        |
| <input type="checkbox"/> Anxiety/panic                               | <input type="checkbox"/> Heart pounding/racing                       | <input type="checkbox"/> Chest pain          |
| <input type="checkbox"/> Trembling/shaking                           | <input type="checkbox"/> Chills/hot flashes                          | <input type="checkbox"/> Sweating            |
| <input type="checkbox"/> Tingling/numbness                           | <input type="checkbox"/> Phobias                                     | <input type="checkbox"/> Racing thoughts     |
| <input type="checkbox"/> Nausea                                      | <input type="checkbox"/> Delusions/hallucinations                    | <input type="checkbox"/> Relationship issues |
| <input type="checkbox"/> Confusion                                   | <input type="checkbox"/> Sleep disturbance (more/less)               | <input type="checkbox"/> Intrusive thoughts  |
| <input type="checkbox"/> Self-injury                                 | <input type="checkbox"/> Loneliness                                  | <input type="checkbox"/> Marital/family      |
| <input type="checkbox"/> Dizziness                                   | <input type="checkbox"/> Impulse control problems                    | <input type="checkbox"/> Social withdrawal   |
| <input type="checkbox"/> Nightmares                                  | <input type="checkbox"/> Thoughts of hurting yourself (past/present) |  |
| <input type="checkbox"/> Physical abuse (past/present)               | <input type="checkbox"/> Thoughts of hurting others (past/present)   |  |
| <input type="checkbox"/> Sexual abuse (past/present)                 | <input type="checkbox"/> Appetite disturbance (more/less)            |  |
| <input type="checkbox"/> Excessive behaviors (spending/gambling/sex) |  |  |
| <input type="checkbox"/> Other (specify) _____                       |  |  |

\_\_\_\_\_

Date

\_\_\_\_\_

Signed  
(Patient/Guardian)